

PLACE MAT IN A JIFFY PATTERN

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This is a quick and easy place mat pattern that uses the “quilt-as-you-go” method. I have also used a fold-over method of self binding, which eliminates the need for a separate binding piece.

This pattern lends itself to fat quarters and jelly rolls, but works just as well with your uncut fabrics.

Please read through all directions before you begin

Materials

18 x 22” piece (fat quarter) print or solid for backing OR 16 x 22”, if cutting your own piece

9 assorted print strips, 2 ½ x 12”, for place mat top

12 x 18 ½” piece of thin quilt batting (I recommend polyester batting, for less stretching)

Quilt basting spray (optional)

coordinating thread for quilting and finishing

pins or Wonder clips for binding

Sew this project with 1/4” seams. Sew right sides together, unless otherwise stated. Yardages and cutting instructions are based on 42” of usable fabric width.

Cut the Fabrics

From backing fabric: cut one 16 x 22 inch rectangle.

If not using pre-cut strips: cut 9 strips, 2 ½ by 12” from assorted prints

If using pre-cuts, trim to 12” length

Make sure your batting is exactly 12 x 18 ½”.

ASSEMBLE AND QUILT-AS-YOU-GO

1. Lay backing fabric rectangle on work surface, right side down.
2. Center the batting piece on top of backing rectangle. You should have two inches of backing extending on top and bottom and approximately 1 ¾” extending on each of right and left edges. If desired, use basting spray to secure the layers together.
3. Using a water-soluble marking pen, mark a line 2 ½” from left short edge of batting.
4. Align a 2 ½” strip, right side up, between the left short edge of batting and the drawn line. Pin to hold in place.
5. Place a second strip, right side down, atop the first strip.

6. Sew a 1/4" seam along the right edge of the two strips, through all layers.

Tip: Use a walking foot attachment on your machine to avoid puckers. I also recommend a slight adjustment to stitch length. I adjust my standard 2.5 length to 3.5. Try stitching on some scrap pieces of fabric, batting, and backing, to determine what works best for you.

7. Press the seam open.
8. Continue adding assorted print strips in same manner, one at a time, pressing after each strip has been sewn, until all strips have been added. Press unit flat.

FOLD OVER BINDING

9. Using the edges of center unit as a guide, trim backing to create a one inch wide extension around all sides.
10. Fold backing 1/2" toward center along both long sides (top and bottom). Press.
11. Make another 1/2" fold in, also along long sides, then clip or pin in place. This should have the appearance of 1/2 inch wide binding.
12. On two shorter sides, make a 45 degree fold at each corner, press, then fold edge in 1/2", press.

Tip: if needed, pin or baste last strip to secure before folding in edge.

13. Fold short sides in 1/2" again, and press. Pin or use clips to secure. Corners of binding should have appearance of mitered corners.

14. Topstitch 1/8" from inside edge of folded "binding", around all sides
15. Trim any loose threads and give place mat a final press. You are finished!